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**Neck Surgery Wound Care Instructions**

* Your neck incision is closed in multiple layers including sutures, glue and steristrips.
* The steristrips covering the surface of the incision should remain dry and intact until your one week post-operative review with A/Prof Sinclair.
* Please avoid getting the incision wet in the first week (a body shower with a facecloth to wash the neck / face or a bath work well).
* At the one week post-operative review, A/Prof Sinclair will remove the steristrips in her office and replace them with a single strip placed horizontally along the wound
  + You will be able to change this new steristrip as needed over the subsequent 1-2 months
* It is essential that the incision is protected from the sun, especially in the first year post operatively.
  + Please ensure you either cover the wound with a steristrip or use 50+ sunscreen over the incision line if you are spending time outdoors.
* Your post-operative appointment will be on:

at Osler House, 159 Wattletree Road, Malvern, 3144\_